



Club News

Commercial Rowing Club
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February 2009



Furthering the club's international representation a big well done to Maddie Edmunds, Clare Gilbride, Leah Billing, Fiona Albert, Becky Cuss, Libby Salisbury and Adam Kachyckyj who all competed at last month's Australian Olympic Youth Festival. Showcasing up and coming talent with Olympic potential it is testament to the efforts of Coaches and rowers alike that so many of our members were selected to compete. Thanks also goes to coach Peter Toon for supplying the words and photo on the following page.





Queensland battle against New Zealand at the Olympic Youth Games Festival

The Australian Youth Olympic Festival is held every two years, with sports using the facilities of the 2000 Sydney Games. In 2009 there were 1,800 athletes from 25 countries, competing in 21 sports from the 14th to the 18th January. Rowing attracted teams from Great Britain, China, New Zealand, with Australian athletes competing for their states. Teams are made up of 10 male and 10 female athletes, including a reserve a coxswain. Each athlete has to compete in three boat classes, either single scull or pair, quad or four and the eight.

The Queensland team included six CRC women, Maddie Edmunds, Clare Gilbride, Leah Billing, Fiona Albert, Becky Cuss and Libby Salisbury, and one CRC male, Adam Kachykyj. All CRC athletes made major contributions to the team performance. Adam came second in the Men's Reserve Single Scull and Becky Cuss won the Women's Reserve Single Scull by an impressive 13.95 seconds.

The Queensland Women's Team were the best of the Australian teams with two seconds and a third. Leah Billing and Fiona Albert were the standout women with a fourth in their "A" Final in the pair, and second place in both the four and eight. Maddie Edmunds performed equally well, with a fourth place in the "A" Final of the Single Scull and then combining with Clare Gilbride and the teams two lightweights for a third place in the quad.

The most pleasing result for the Queensland Women came in the eights final. With a second place behind New South Wales in the heat and a Great Britain crew who had wins in the quad and four, the coaches were hoping for a place. Under the control of our Libby Salisbury, the girls rowed a very controlled tactical race, keeping with the leaders in the first half of the race, before pulling away with New Zealand in the final 500 metres. New Zealand finished first, with the Queensland women a clear second from South Australia and then Great Britain. With five members of this crew, CRC continues to be the leading women's squad in the state.

Coach Peter Toon

Australian Olympic Youth Festival

| | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | Total |
|-------------------|-----|-----|-----|-----|-----|-----|-----|-----|-------|
| Great Britain | 7 | 2 | 3 | 2 | | | 2 | | 16 |
| Queensland | 5 | 4 | 2 | 3 | 2 | 1 | | | 17 |
| South Australia | 4 | 2 | 4 | 1 | 2 | 4 | | | 17 |
| Tasmania | 4 | 1 | 3 | 3 | 1 | 2 | 1 | 1 | 16 |
| New Zealand | 3 | 5 | 2 | 2 | | 2 | | 2 | 16 |
| Western Australia | 2 | 3 | 3 | | 5 | 3 | | 2 | 18 |
| New South Wales | 2 | 4 | 2 | 1 | 2 | 3 | 1 | 1 | 16 |
| China | 1 | 2 | 2 | 9 | 1 | | 2 | | 17 |
| ACT | 1 | 2 | 3 | 4 | 1 | 1 | 3 | 2 | 17 |
| Victoria | | 2 | 5 | 4 | 3 | 1 | | 1 | 16 |

Above: Finals placings at the Australian Olympic Youth Festival

Below: Taking home a festival mascot.



Left: Making a star at the end of the women's quad



National Championships Training Camp



In January the youth squad attended an extensive training camp at Murwillumbah in preparation for next month's National Championships at Lake Barrington, Tasmania. Following a litany of strong results CRC heads south well placed to do well at the Championships. While seemingly never resting, as this newsletter is being written the squad head south to Penrith once more to compete at the New South Wales State Championships.

On this page the youth squad and coach John Bowes pause for well deserved photo stops during an endurance building bike ride in the border country.



**To rowers,
coaches,
trailer drivers,
friends and
family
crossing the
Tasman, all
the very best!!**


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New Faces



Sandra McGinnis has joined the club from Seattle, USA and has been rowing since 1999, coxing since 1991 (coxed men's team at University for 3 years, coxed at a pre-elite camp, and coxed for master's men and women). As a rower the big races I competed and medaled in were US Master's Nationals, Canadian Master's Nationals, 2005 World's Masters Games. I also have done a 115 mile (185 Kilometre) race three times (the last time being June 2008) in a lightweight women's 2x, beating a couple men's 2x boats as well as 4x boats, and I have raced in open-water, distance races (usually 6-12 miles (10-19 kilometres)) in a lightweight women's 2x.



Having recently completed a learn to row course under the tutelage of Stephen Monkman Adrian Boller (left) and Adam Boevink (right) are now taking to the water as they further their rowing skills.

Are you a new face?

This newsletter aims to bring together all members of the club irrespective of ability. If you are new to the club don't be a stranger!

Either contact or send your mug shot and a brief story to Andy at

"rowingsecretary@commercialrowing.com"

For all new faces to the club a big welcome and Commercial hopes that you enjoy your rowing with us!





World Masters Games Accommodation: Act Now!!!

For those masters with aspirations of competing at October's World Masters Games unless you savour the idea of camping or have a penchant for a combi van then you must sort out your accommodation now. Investigations have found that pretty much everything west of Sydney is already booked out, while to even think about ringing anywhere at Penrith will probably result in a snigger down the phone line at your expense!

With the many other sports that will make up the World Masters Games also vying for accommodation indication is that the event will be huge. Ringing around over a very wide area has proved to be quite impressive as to how many hoteliers and the like know all about it. (If ever there was an effective economy stimulus package to be had then this is it!).

Meanwhile as stated in last month's newsletter registration is open now and closes in July. Visit the World Masters games website for further details and regatta race program.



Coming Up

| Date | Event |
|------------------|-----------------------------------------------------------|
| 7 - 8 Feb 2009 | NSW State Rowing Championships - Penrith |
| 22 - Feb 2009 | Tweed Heads Rowing Club Regatta - Murwillumbah |
| 2 - 8 Mar 2009 | National Rowing Championships - Lake Barrington, Tasmania |
| 21 - Mar 2009 | GPSA Head of the river |
| 4 - Apr 2009 | Brisbane GPS & Commercial Masters Regatta |
| 18 - 19 Apr 2009 | QLD Masters Championships |
| 3 - May 2009 | Northern Rivers Masters Championships - Murwillumbah |
| 16 - May 2009 | NSW Masters Championships - Penrith |
| 28 - 31 May 2009 | Australian Masters Rowing Championships - Rockhampton |
| 28 - Jun 2009 | Head of the Tweed - Murwillumbah |
| 10 - Jul 2009 | Australian Youth Cup - Penrith |
| 19 - Jul 2009 | Surfers Paradise Regatta |
| 8 - 9 Aug 2009 | Bundaberg Regatta |
| 23 - Jul 2009 | Pine Rivers Regatta |
| 5 - Sep 2009 | Noosa Regatta |
| 10 - 18 Oct 2009 | World Masters Games - Penrith |
| 24 - Oct 2009 | Tweed / Murwillumbah |
| 21 - Nov 2009 | UQBC Regatta |
| 28 - Nov 2009 | Head of the Yarra - Melbourne |
| 19 - 20 Dec 2009 | QLD State Championships |

Closing dates for entries

February 11th marks the closing date for both the **Australian Rowing Championships** and the **Tweed Heads Regatta**. Splitting up the workload John Bowes will be looking after all National Championship entries while Andy Menzies will look after Tweed Heads. Behind the scenes with regatta finances it cannot be stressed enough that if rowers / full crews are not fully paid up entries cannot – and must not be processed.

Tweed Entries can go in the postbox or email to rowingsecretary@commercialrowing.com with proof of payment. Cost is \$8.00 per seat, fuel to be worked out later.



Queensland girls
get ready at Penrith



All members are required to pay Rowing Queensland fees now for 2009.

Fees are as follows -

Competitive \$60

Junior (U18) \$40

Recreational \$35

Electronic transfer to the Club account is the preferred payment method, clearly stating Surname, Initial and RQ in the transaction details.

Commercial Rowing Club

BSB 484-799

A/C No 026153550

Alternatively cheque or cash in an envelope with your name placed in the shed mailbox is an option. Payment of these fees is especially critical for intending Nationals rowers as they will be unable to row unless registration processes are complete.

Additionally, all members should note that the RQ ROMS database will only be authorising the requests of those members who have emails registered in the ROMS accounts. Letters will be available at the shed on Saturday for you to log on to Rowing Qld to register your email.

Any enquiries can be directed by email to
maryfenn@iinet.net.au.


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